

Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	Mental Health Nursing Practice 1
Unit ID:	HEMTL6000
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	061301

Description of the Unit:

The purpose of this unit is to prepare registered nurses for specialist nursing practice with an in-depth understanding of mental health practice. This unit will extend specialist knowledge and skills for safe and effective mental health nursing care in a strength-based framework. You will examine mental health classification systems in practice and develop advanced skills for evidence based mental health assessments and the formulation of person centred recovery oriented nursing care. Students will be provided with opportunities to develop sound clinical reasoning in the holistic care of individual's experiencing mental illness and their families. This unit provides an introduction to mental health assessment for health practitioners working in generalist or mental health settings.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Learning Outcomes:

Knowledge:

- K1.** Explain the principles that underpin inter professional practice in mental health service provision and the contribution of each professional group to effective care
- K2.** Demonstrates the role of the mental health nurse in a multi- disciplinary and multi-professional approach to treatment and recovery
- K3.** Demonstrate a critical understanding of the key models and theories of mental health care as they are applied to mental health practice

Skills:

- S1.** Identify the role of the mental health nurse as a therapist and synthesise skills in assessment and triage of clients with mental illness
- S2.** Utilise advanced critical reflection skills to enhance clinical practice in mental health
- S3.** Initiate, plan and implement approaches which support the rights of people with mental health issues and their carers to access and participate in their care and recovery

Application of knowledge and skills:

- A1.** Critically evaluates models of care relevant to the care continuum, to inform co-constructed personalized care strategies which meet the consumer's life needs as well as health needs
- A2.** Exercises enhanced clinical judgement and decision-making and insight into specialist mental health nursing in pursuit of optimal outcomes for the person and their family
- A3.** Engages in collaborative critical reflection on mental health nursing practice through clinical supervision and achievement of lifelong learning outcomes

Unit Content:

Topics may include: Promoting Mental Health Physical health and Mental Health Role of critical thinking and reflection in mental health nurse Person centred mental health care of individuals with complex needs Culturally and Linguistically Diverse group including Aboriginals, Torres Strait Islanders and Maori group

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, S3, A1, A2, A3	Evidence based mental-health practice assessment (A) Content covered in blended learning	Oral or pre-recorded presentation of a non-complex clinical case-study with supporting written case outline	40-60%
K1, K2, K3, S1, S2, S3, A1, A2, A3	Evidence based mental-health practice assessment (B) Content covered in blended learning	Oral or pre-recorded presentation of a complex clinical case-study with supporting written case outline and critical reflection	40-60%

Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

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